

Prodigal Leader™ Camino

A Transformational Leadership
Retreat & Pilgrimage Experience

August 29 – September 4, 2026
Ourense to Santiago de
Compostela, Spain

Walk the Final 126 Kilometers of the
Camino Frances

From Ourense to Santiago, journey through
sacred landscapes while awakening your most
authentic leadership self. This 7-day, 7-night
immersive retreat is for executives,
changemakers, and purpose-driven professionals
ready to reclaim their abundant voice and lead
with love in motion.

Why this Retreat

- 🕒 **Embodied Transformation**
Leadership isn't just learned-
it's lived. Each step becomes a
metaphor for the courage to
lead with heart.
- 🕒 **Guided by Legacy**
Facilitated by Shannon Wallis,
whose journey from adversity
to global leadership infuses
every moment with depth and
clarity.
- 🕒 **Reclaim Your Voice**
Awaken the force of
authenticity, hope, and impact
that lives within you.
- 🕒 **Values-Based Community**
Walk alongside fellow leaders
ready to rise, reflect, and
reimagine what leadership can be.



Who It Is For

- Executives and Entrepreneurs seeking clarity, renewal, and deeper purpose
- Leaders navigating transition, burnout, or values misalignment
- Changemakers ready to move strategy to soul
- First-generation and underrepresented leaders reclaiming their voice

Retreat Investment: please contact Shannon at
shannon@cascadeleadership.solutions for details

Includes pre- and post- coaching session with Shannon, 7 nights lodging, Pilgrim's
passport and shell, luggage transfer along the Camino, opening and closing dinners.



Facilitated by: Shannon
Wallis, Founder of
Cascade Leadership &
FGLI Leadership Institute

Be the Compassionate Champion you Always Intended to Be

Camino Experience Itinerary

Day 1: Meeting in Ourense – Opening the Heart

Day 2: Ourense to Samos to Sarria – Entering the Cloister of Intention

Day 3: Sarria to Portomarín – Crossing the Threshold into Legacy

Day 4: Portomarín to Palas de Rei – Weaving Through the Sacred Grove

Day 5: Palas de Rei to Arzúa – Love in Motion

Day 6: Arzúa to Lavacolla – Legacy and Impact

Day 7: Lavacolla to Santiago – Celebration and Commitment



Day 1: Meeting in Ourense – Opening the Heart

Today we arrive in Ourense, Spain—a city known for its healing thermal waters and Roman bridges, nestled in the heart of Galicia. This is not just a logistical beginning, but a soulful one. We gather here to open the heart, to soften the armor of daily life, and to prepare ourselves—individually and collectively—for the journey ahead. We'll name our intentions, share stories, and begin weaving the relational fabric that will carry us forward. This is a moment to honor vulnerability, courage, and the sacred act of showing up.

Terrain & Tempo - There is no formal walking today, only arrival. You may choose to explore Ourense's old town, soak in the thermal baths, or simply rest and settle. The rhythm is gentle, spacious, and welcoming. Let the city's warmth and history hold you as you transition from doing to being.

Threshold Moments - In the late afternoon, we'll gather for our first circle—a ceremonial welcome into the pilgrimage.

Prompt: What is your heart longing for on this journey? What are you ready to receive, release, or remember?

Sanctuary of the Day - As evening falls, we'll walk together to a local restaurant, savoring the flavors of Galicia and the quiet joy of new companionship. The meal is more than nourishment—it's a ritual of belonging. Every toast, every bite is part of the unfolding.

Day 2: Ourense to Samos to Sarria – Entering the Cloister of Intention

Today's 12-km journey marks the true start of our pilgrimage. After breakfast, a van will transport us from Ourense to Samos, where we meet at the Monastery of San Xulián de Samos, a Benedictine sanctuary, for an opening circle to set our intentions and mark this important start together.

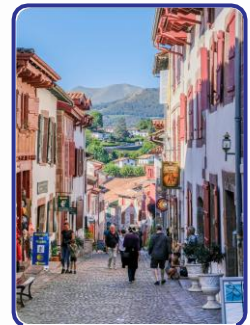
Terrain & Tempo- We'll walk from the monastery to Sarria along mainly flat paths through woodlands and country lanes, passing small hamlets. The river Sarria murmurs beside us, offering a soundtrack of serenity as we walk.

Threshold Moments - Leaving Samos, we carry a sense of stillness with us. As we pass through villages like Teiguín and Calvor, we're reminded that transformation starts quietly. The path encourages us to listen, observe, and be open.

Prompt: What intention will you bring from the cloister, and what inner vow are you prepared to fulfill?

Sanctuary of the Day - The final stretch into Sarria is gentle, with views of the town nestled among hills. Sarria is filled with pilgrim activity and marks a renewed sense of purpose as we arrive.

Time: ~3 hour



Day 3: Sarria to Portomarín – Crossing the Threshold into Legacy

This 22-kilometer stage from Sarria marks the symbolic 100-kilometer point to Santiago—a milestone for pilgrims. Pilgrims pause here not just for photos, but to honor the journey behind and the promise ahead.

Terrain & Tempo - The path meanders through oak groves, meadows, and historic hamlets like Barbadelo, Morgade, and Ferreiros, each tied to pilgrim tradition. Granite markers count down the distance, with Ferreiros' Romanesque church signifying the official threshold.

Threshold Moments - The climb to Pena dos Corvos, the “Rock of the Crows,” offers panoramic views of the Miño River valley. Here, we invite a threshold ritual: What vistas are opening within you? What burdens are ready to be released?

Prompt: What commitment are you making—not just to finish, but to walk with intention? What does crossing this threshold mean for the legacy you're shaping?

Sanctuary of the Day- A steep descent into Portomarín, a town reconstructed, stone by stone, after its medieval center was relocated due to river damming. When water levels drop, old remains resurface, highlighting resilience and continuity.

Time: ~6 hours

Day 4: Portomarín to Palas de Rei – Weaving Through the Sacred Grove

This 25-kilometre stretch leads us further into Galicia, through forests and along Roman roads. Today's journey emphasizes steady progress and reflection.

Terrain & Tempo - Moving from Portomarín's streets up through pine and eucalyptus woods, past villages like Gonzar and Castromaior. The terrain is varied but forgiving. Expect a steady cadence—ideal for reflection, conversation, or quiet solitude.

Threshold Moments - Along the way, we encounter ruins of a pre-Roman fort and remnants of the Via Romana XIX, prompting thoughts about legacy and rebuilding.

Prompt: What part of your leadership is rooted in something older than you—ancestral, cultural, or spiritual? What are you ready to rebuild on higher ground?

Sanctuary of the Day - Near Palas de Rei, the landscape shifts to soft hills and fields. Once a royal stop, this quiet town gives pilgrims a chance to rest and recharge. Santiago's influence grows—not just as a destination, but as a promise ahead.

Time: ~6.5 hours



Day 5: Palas de Rei to Arzúa – Love in Motion

This 29-kilometre stretch is our longest and highlights connection. We walk together through forests and farmland, supporting each other and sharing stories under the theme "Love in Motion." As we walk, we invite a relational practice: noticing who walks beside you, who lingers behind, and who moves ahead.

Terrain & Tempo - Starting in Palas de Rei, the route covers hills, woods, and villages on forest tracks, rural roads, and cobblestone lanes. Passing through San Xulián, Pontecampaña, and Melide—where two Camino routes join—the walk offers several chances to stop and rest throughout the day.

Threshold Moments - In Melide, we cross the medieval bridge over the Río Furelos—a moment to honor connection across time and space.

Prompt: Where in your life is love asking to move—not just be felt, but expressed? How do you lead with love in motion? What does it mean to walk with—not in front of—those you serve?

Sanctuary of the Day - The path to Arzúa passes through eucalyptus forests and farmland. Arzúa is noted for its cheese and welcoming atmosphere, making arrival feel comfortable and restful.

Time: ~7.5 hours

Day 6: Arzúa to Lavacolla – Legacy and Impact

This 28-kilometre stretch leads us toward Santiago and reminds us of our legacy. With the theme of Legacy and Impact, we're encouraged to reflect on our inherited stories, those we're shaping, and what we will leave behind. The route passes forests and farmland, but the deeper journey is through memory and meaning. As we walk, we invite reflection on impact—not just what we've done, but how we've done it.

Terrain & Tempo - Starting from Arzúa, the path passes through eucalyptus groves, villages, and fields with moderate terrain and some rolling hills. Key towns include Salceda, A Brea, and O Pedrouzo, offering opportunities to rest. The steady pace is suitable for conversation or quiet reflection.

Threshold Moments - Near Lavacolla, pilgrims traditionally washed in the river to prepare for arrival in Santiago—a ritual of purification and readiness.

Prompt: What are you ready to release before you arrive - what chapter is complete, and what is just beginning? Whose lives has your leadership touched, and what legacy are you now choosing to create?

Sanctuary of the Day - Lavacolla, just outside Santiago, is a quiet stop where anticipation meets reflection. The air changes here; it's a moment to honor the journey before reaching the end.

Time: ~7 hours



Day 7: Lavacolla to Santiago – Celebration and Commitment

Today we complete the last 10 kilometers to Santiago de Compostela. The theme—Celebration and Commitment—encourages us to finish with purpose, reflecting on our journey and how its lessons will guide us moving forward.

Terrain & Tempo - Starting in Lavacolla, the route winds through quiet woods and suburbs on easy terrain. Passing Monte do Gozo—"Mount of Joy"—where pilgrims get their first glimpse of Santiago's cathedral—expect a slow, reverent approach to the sacred city.

Threshold Moments - At Monte do Gozo, we pause to honor the moment of sight—when the destination becomes visible, and the heart swells with recognition.

Prompt: What are you celebrating today—not just in arrival, but in who you've become along the way? What commitment are you making to carry this transformation forward?

Sanctuary of the Day - The final steps into Praza do Obradoiro are deliberate and sacred. We reach the cathedral transformed by our journey. Whether entering silently, with song, or in shared embrace, it's a moment for reverence. We'll gather for a celebratory dinner, bringing our journey together to a close.

Time: ~2.5 hours

Outcomes You'll Carry Forward

- A renewed leadership identity grounded in authenticity and impact
- A personal manifesto to guide future decisions and legacy work
- A trusted community of values-aligned leaders
- A deeper connection to self, purpose, and the power of love-led leadership



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